

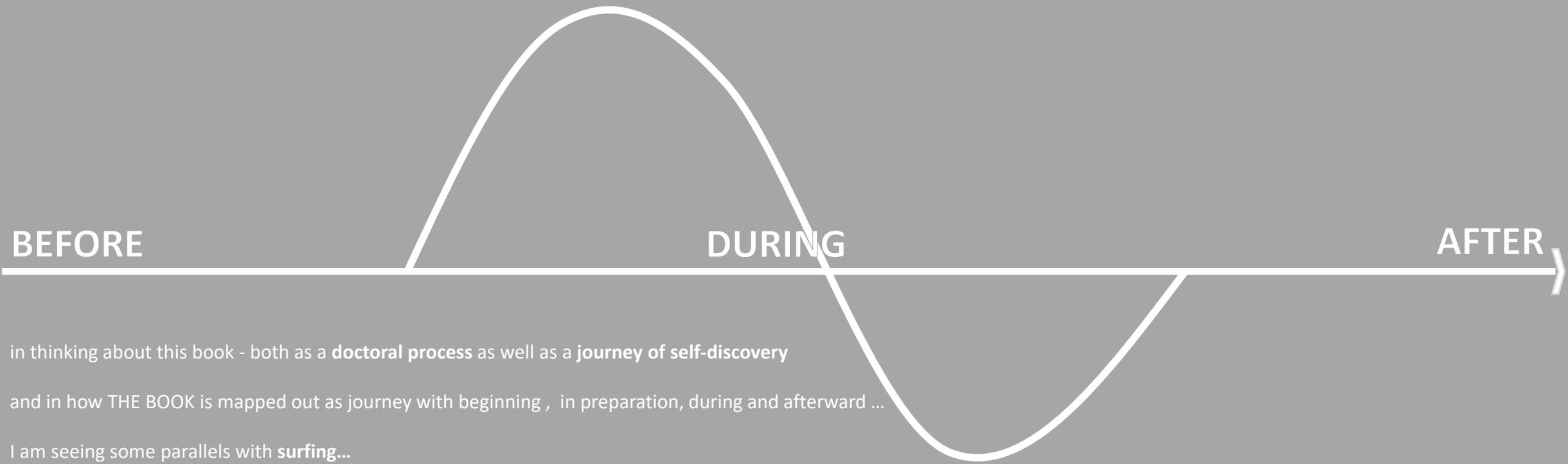
DOCTORAL PROCESS

The book provides a GUIDE toward the journey of undertaking DOCTORAL RESEARCH
At the same time it also serves as a reminder that this is also JOURNEY OF SELF-DISCOVERY.

And that a guide is just a GUIDE, the journey is what YOU make of it.

SELF - DISCOVERY 

Bridget Horner
BEDS: Architecture



BEFORE

DURING

AFTER

in thinking about this book - both as a **doctoral process** as well as a **journey of self-discovery**

and in how THE BOOK is mapped out as journey with beginning , in preparation, during and afterward ...

I am seeing some parallels with **surfing...**

So let's BEGIN - as a surfer before you venture in - much time passes staring out at the ocean, looking at the waves seeing if the conditions are favourable. When you make the decision to go in you skilfully grab the necessary essentials. You find the best board for the wave you think you will be riding and you put on your wetsuit, once that wetsuit is on a COMMITMENT is made to follow through-there is no looking back.

The doctoral journey is no different the timing is important and so is the preplanning to begin the process.

DURING the process ...of paddling out, there is likely to be turbulence, you will need to ADAPT, persevere, and move on through the white water.

The preplanning lays the foundation for the doctoral research but when you are in the thick of it things may not always go according to plan.

AFTER....you have got to the back line after all the effort has been made to paddle out, a sense of achievement is there...but RESPONSIBILITY awaits, to catch a wave in, while giving way to those on your inside.

And to pass the board on...

The book gently reminds us of doctoral research being meaningful, useful and once Doctoral 'status' is attained to give back



AFTER **Responsibility**

DURING **Adaptability**

BEFORE **Commitment**

DOCTORAL PROCESS

If viewed also a journey of self-discovery then to BEGIN is a CONSCIOUS undertaking to embark upon, making your OWN choices as best you can along the way.

DURING this journey ...you need not be ALONE– the benefit of surfing is where there are waves there are OTHER surfers. You can decide to join the surfers or bail out. You might get less waves for yourself in the process but you also might make some friends and get the much needed support you never thought you would need along the way.

cohorts provide the opportunity to meet fellow doctor students who along with mentors will provide the motivation you need to persevere – as long as you do the same

AFTER many waves, some you ride, some might crash upon you...you are likely to begin to establish your own style of riding the wave...a signature move unique to you... maybe finding ...your VOICE, so to speak, amongst many, riding their own waves in one big OCEAN



AFTER

Voice

DURING

Not alone

BEFORE

Conscious

SELF

DISCOVERY

END

THANK YOU
